10 PARENT TIPS FOR PROM NIGHT

Know the Plan
Make sure your teen has a plan for the evening and that you know it. Ask the following questions and make sure both you and your teen know the answers:

- What time does the prom begin and end?
- Who are you going with? Are you meeting other friends?
- Is there an after-party? Who will be chaperoning?
- How will you be getting to and from dinner/the prom/the after-party?

Know Where the Prom Parties Are
Know all of the "hot spot" destinations for pre- and post-prom parties. Do some research to find out if there will be adults present, whether or not there will be alcohol and who has been invited.

Have an Emergency Code
Work out a safe code with your teen, something he/she can text you if there's trouble. The parent then calls with an "emergency" and asks where they can pick up their child, no questions asked.

Take Stock of Your Home
If your teen is having people over, especially if they're kids you haven't met yet, take stock of the alcohol and prescription drugs in your home; put them in a place that isn't easy to access.

Know Who Is Driving
If it's a limo, make sure it's a reputable company with properly screened drivers. If a friend or date is driving, make sure you know and trust their driving record. If your teen isn't driving, and you can't pick them up in a pinch, make sure they have the number of a local cab company or they know how to hail an Uber or Lyft.

Discuss Consequences
Your teen should understand that there are consequences for rules. Set boundaries and even a curfew, and discuss them well before the big day. Make sure your teen understands what will happen if they break the rules.

Encourage Car Safety
If they're carpooling with friends, make sure there will only be one passenger per seat belt in the car, and that no one is bringing along alcohol for the ride.

Talk to Other Adults
Communicate with other parents and school officials. Make sure you're all on the same page as far as transportation, parties and the prom itself goes.

Nix Hotel Parties
Do not rent hotel rooms for prom-goers. It may seem like a good way to keep them off the roads, but a hotel room for teens is a recipe for disaster.

Stay Up Late
Stay up or designate a trusted adult to be the point of contact until your prom-goer safely returns home. You'll want to be able to answer any texts or calls, and you'll want to make sure they get home when they said they would.