

MANHASSET SECONDARY SCHOOL HEALTH OFFICE
SPORTS INFORMATION for 2018-2019

Dear Parent/Guardian:

All students who plan on participating in a sport for the upcoming 2018-2019 school year **MUST** submit a physical exam dated after May 31, 2018. Please make sure that the form is complete, signed, dated and stamped by the student's physician. Any missing information on this form will cause a delay in sport participation.

The Health History/Code of Behavior must be submitted to the Secondary School Health Office within 30 days of the start of each sport season. **PLEASE SEE THE DATES BELOW.**

**THE SCHOOL PHYSICIAN WILL BE AT THE
SECONDARY SCHOOL HEALTH OFFICE FOR SPORT
PHYSICALS ON THE FOLLOWING DATES: (This is for
those students who are not able to get to their own
physician)**

Thursday, June 7, 2018 - 3:15 pm – 5 pm

Thursday, August 9, 2018 - 9 am – 10:30 am

Wednesday, September 5, 2018 - 3:15 pm – 5 pm

STARTING DATES FOR FALL HIGH SCHOOL SPORTS

August 20th – Football/Cheerleading Health History Forms accepted from 7/23/18
August 27th – Varsity/JV Sports Health History Forms accepted from 7/30/18

STARTING DATES FOR FALL MIDDLE SCHOOL SPORTS

September 4th – Team Meetings Health History Forms accepted from 8/6/18
September 5th - Football, Soccer,
Cross Country, G/Field Hockey,
Girls Swimming, Tennis, Crew

STARTING DATES FOR WINTER HIGH SCHOOL SPORTS

Nov. 7th – Fencing, Wrestling Health History Forms accepted from 10/8/18
Nov. 13th – Varsity/JV Sports/
Cheerleading Health History Forms accepted from 10/15/18

STARTING DATES FOR WINTER MIDDLE SCHOOL SPORTS I

Nov. 5th – Boys-Basketball, Health History Forms accepted from 10/10/18
Swimming, Girls Volleyball,
Boys & Girls Outdoors Track

STARTING DATES FOR WINTER MIDDLE SCHOOL SPORTS II

Jan. 22, 2019 – Boys Wrestling, Health History Forms accepted from 12/24/18
Girls Basketball

STARTING DATES FOR SPRING HIGH SCHOOL SPORTS 2018-2019

March 4, 2019 – Lacrosse/Baseball/Softball Health History Forms accepted from 2/4/19

March 11, 2019 – Track/Golf Health History Forms accepted from 2/11/19

March 18, 2019 – Tennis/Badminton Health History Forms accepted from 2/18/19

STARTING DATES FOR SPRING MIDDLE SCHOOL SPRING SPORTS

April 1, 2019 – Softball /Baseball Health History Forms accepted from 3/4/19
B/G Lacrosse/Track
Boys Tennis, Crew

